



**METALLICA**  
**HELPING HANDS**  
**LIVE AT METALLICA HQ**  
BENEFITTING ALL WITHIN MY HANDS  
NOVEMBER 14, 2020

**DISC 1 / ACOUSTIC**

1. INTRO (2:15) 2. BLACKENED (5:40) 3. CHAT #1 (0:40)
4. CREEPING DEATH (5:57) 5. CHAT #2 (2:11) 6. WHEN A BLIND MAN CRIES (4:31)
7. CHAT #3 (2:38) 8. THE UNFORGIVEN (6:18) 9. CHAT #4 (4:43)
10. NOW THAT WE'RE DEAD (5:38) 11. CHAT #5 (3:58) 12. TURN THE PAGE (5:39)
13. CHAT #6 (3:39) 14. NOTHING ELSE MATTERS (6:30) 15. CHAT #7 (4:18)
16. ALL WITHIN MY HANDS (6:15)

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**DISC 2 / ELECTRIC**

1. SET #2 INTRO (1:16) 2. DISPOSABLE HEROES (6:53) 3. CHAT #8 (2:46)
4. HOUSE OF THE RISING SUN (6:15) 5. CHAT #9 (2:55) 6. WASTING MY HATE (4:22)
7. CHAT #10 (2:34) 8. FOR WHOM THE BELL TOLLS (5:15) 9. MASTER OF PUPPETS (8:58)
10. CHAT #11 (3:13) 11. ENTER SANDMAN (8:05)

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LABELS DESIGNED FOR USE WITH NEATO BRAND CD LABELS