

RECORDED LIVE AT THE ALL WITHIN MY HANDS FOUNDATION HELPING HANDS CONCERT & AUCTION
AT HQ IN SAN RAFAEL, CA ON NOVEMBER 14, 2020

METALLICA HELPING HANDS LIVE AT METALLICA HQ

DISC 1 / ACOUSTIC

BLACKENED
(HETFIELD - ULRICH - NEWSTED)

CREEPING DEATH
(HETFIELD - ULRICH - BURTON - HAMMETT)

WHEN A BLIND MAN CRIES
(BLACKMORE - GILLAN - GLOVER - LORD - PAICE)

THE UNFORGIVEN
(HETFIELD - ULRICH - HAMMETT)

NOW THAT WE'RE DEAD
(HETFIELD - ULRICH)

TURN THE PAGE
(SEGER)

NOTHING ELSE MATTERS
(HETFIELD - ULRICH)

ALL WITHIN MY HANDS
(HETFIELD - ULRICH - HAMMETT - ROCK)

DISC 2 / ELECTRIC

DISPOSABLE HEROES
(HETFIELD - ULRICH - HAMMETT)

HOUSE OF THE RISING SUN
(TRADITIONAL)

WASTING MY HATE
(HETFIELD - ULRICH - HAMMETT)

FOR WHOM THE BELL TOLLS
(HETFIELD - ULRICH - BURTON)

MASTER OF PUPPETS
(HETFIELD - ULRICH - BURTON - HAMMETT)

ENTER SANDMAN
(HETFIELD - ULRICH - HAMMETT)

METALLICA HELPING HANDS LIVE AT METALLICA HQ

JAMES HETFIELD - GUITAR & VOCALS
LARS ULRICH - DRUMS
KIRK HAMMETT - GUITAR
ROBERT TRUJILLO - BASS

ADDITIONAL INSTRUMENTALISTS

AVI VINOUCUR - MANDOLIN, GUITAR & BACKGROUND VOCALS
HENRY SALVIA - KEYBOARDS

LAYNE ULRICH & CASTOR HETFIELD - PERCUSSION ON "ALL WITHIN MY HANDS"

RECORDED BY JASON GOSSMAN
MIXED BY GREG FIDELMAN AND JIM MONTI
ASSISTED BY SARA LYN KILLION

DESIGN & LAYOUT BY DAN NYKOLAYKO



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